

12 y ♂ basketball player presents with intermittent vague knee pain exacerbated by activities.

Examination:

Gait normal

No knee effusion, swelling or instability.

Knee range of motion → Full

- Continued to play x 2 weeks
- Pain continued.



Thursday



Thursday

- Placed on crutches sent to school next day with an ortho appointment made for later in the afternoon...
- Child fell using his crutches at “recess” and had immediate pain now in the left hip and was unable to stand or bear weight.

Slipped Capital Femoral Epiphysis



Masquerading Pain



Slipped Capital Femoral Epiphysis

- Disruption of the proximal femoral physis (growth plate)
- Hip, Groin or KNEE pain
- Loss of Internal Rotation → obligate external rotation
- Orthopedic Emergency → surgical stabilization
 - Risk for Avascular Necrosis
 - Further Displacement

Screw Stabilization Femoral Epiphysis

