12yo ♂ football player presents to urgent care with complaints of an insidious onset of vague anterior knee pain x 2 weeks

Examination

- Reciprocal heel toe gait without limp
- No effusion or swelling
- Mild tenderness anterior knee peri-patellar, no swelling or instability
- Able to actively straight leg raise with some discomfort



Returned to football

Played with intermittent symptoms for ~ 6 weeks

 Felt a "pop" and immediate onset of pain in his knee



August

October







T2 tse sag

TREATMENT

Surgical repair of a patella sleeve fracture.





6 months post op

 12 + 8 ♂ basketball player with Sinding Larsen Johansen Syndrome



Cast Treatment